

Who are we?

Karis Neighbour Scheme is a small charity working in the community to offer support and friendship to those who need it the most.

We want to see people in need supported; to come alongside them, be a good neighbour, and in really practical ways, help them through whatever hardships they're facing.

If you'd like to find out more about Karis Neighbour Scheme feel free to get in touch using any of our contacts listed on the back of this leaflet.

You can also look on our website for more information.

Or, if you'd like to, you can just drop in to see us.

Our office is usually open throughout the week and we'd be happy to offer you a cup of tea, sit down and explain a bit more about what we do.

**Opening hours: 9:00am—4:30pm
Monday—Friday**

Contact Us



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Karis Neighbour Scheme is a registered charity, charity no. 1133510
Karis Neighbour Scheme is a company, company no. 06595341



Offering practical support, friendship and advocacy in the local community, through volunteers.

What's it about?

We run a community allotment, giving people the chance to get out and enjoy spending time with a group tending to our plot.

The group visits the allotment once a week and is a great chance for people to socialise and enjoy doing something productive.

For people who may not have their own gardens the allotment is also a great opportunity to enjoy some greenery and be able to grow fruit and vegetables, which they can take home with them.



The group meets at our office on Thursday mornings to go down to the allotment together.

We usually spend several hours on the plot, from 10:00am till about 1:00pm.

You can help with things like weeding, digging, planting out, sowing, watering and generally tending the plot.

Or, if you'd rather you can sit and enjoy being on the allotment.

Anyone that comes along can take home some of the produce that's been grown too.

It's a laid back, friendly group and anyone can come along.

You're welcome to join us to see what it's like. If you're green fingered or just want to get out an about why not come along.

Fancy joining us?

Who is it for?

Anyone can come and join us at our allotment, though it is mainly for residents of the Ladywood & Edgbaston areas of Birmingham.



If you don't have easy access to a green space and would like to get out one morning a week, whether to help work the allotment or just to sit and enjoy the plot.

Don't worry if you can't make it every week, you're welcome to come along whenever you're able to.

If you know of anyone who might like to come to the allotment or if you'd like to come along yourself then get in touch.