

Want to find out more?

If you'd like to find out more about Karis Neighbour Scheme feel free to get in touch using any of our contacts listed on the back of this leaflet.

You can also look on our website for more information.

Or, if you'd like to, you can just drop in to see us.

Our office is usually open throughout the week and we'd be happy to offer you a cup of tea, sit down and explain a bit more about what we do.

Opening hours: 9:00am—4:30pm
Monday—Friday

Volunteering?

We're also always in need of more volunteers so if you'd be interested in helping out in any way please come and see us.

A member of staff will be able to tell you a bit more about what sort of opportunities we currently have.

Contact Us



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Karis Neighbour Scheme is a registered charity, charity no. 1133510
Karis Neighbour Scheme is a company, company no. 06595341



About Karis



Offering practical support, friendship and advocacy in the local community, through volunteers.

Who are we?

We are a small charity working within our local community to offer support and friendship to those who need it the most.

The support we offer is largely through volunteers who generously give their time and skills to help others.

Part of our mission statement is to 'meet needs that aren't being met' and while we obviously can't do it all we do try to respond to people's needs as we become aware of them.

This also means we try to work with others to meet these needs, rather than competing with existing services.

We really want to see people in our community who are struggling with poverty, with loneliness or isolation and with other hardships, have someone come alongside them.

To offer support and encouragement, to be a good neighbour, and in really practical ways, help them through whatever hardships they're facing.

We offer all sorts of help to people, this includes:

Practical help

- ◆ Small household jobs
- ◆ Decorating or gardening
- ◆ Help getting out

Advocacy & advice

- ◆ Making phone calls
- ◆ Help writing letters
- ◆ Help filling in forms
- ◆ English classes

Befriending

- ◆ Home visits
- ◆ Social activities and trips

Emotional Support

- ◆ Courses, groups and one to one counselling

How can we help...?

...and who?

We can support anyone who lives in Ladywood, Edgbaston or Harborne, depending on their circumstances.

Some of our work particularly focuses on the elderly and asylum seekers and refugees but we really are here for anyone in the community.



If you have a problem yourself or you know someone who needs help please let us know, we'll try and do what we can.

Or if you're feeling lonely and would appreciate the chance to get out and see people or have someone come to visit you at home, please do get in touch.